



Course Rating 74.2

Men's Black (from 21 Jun 2023)

Par 72 Slope 135

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.7	+6	26.4 to 27.2	32
+4.6 to +3.8	+5	27.3 to 28.0	33
+3.7 to +3.0	+4	28.1 to 28.8	34
+2.9 to +2.1	+3	28.9 to 29.7	35
+2.0 to +1.3	+2	29.8 to 30.5	36
+1.2 to +0.5	+1	30.6 to 31.3	37
+0.4 to 0.4	0	31.4 to 32.2	38
0.5 to 1.2	1	32.3 to 33.0	39
1.3 to 2.0	2	33.1 to 33.8	40
2.1 to 2.9	3	33.9 to 34.7	41
3.0 to 3.7	4	34.8 to 35.5	42
3.8 to 4.6	5	35.6 to 36.4	43
4.7 to 5.4	6	36.5 to 37.2	44
5.5 to 6.2	7	37.3 to 38.0	45
6.3 to 7.1	8	38.1 to 38.9	46
7.2 to 7.9	9	39.0 to 39.7	47
8.0 to 8.7	10	39.8 to 40.5	48
8.8 to 9.6	11	40.6 to 41.4	49
9.7 to 10.4	12	41.5 to 42.2	50
10.5 to 11.2	13	42.3 to 43.1	51
11.3 to 12.1	14	43.2 to 43.9	52
12.2 to 12.9	15	44.0 to 44.7	53
13.0 to 13.8	16	44.8 to 45.6	54
13.9 to 14.6	17	45.7 to 46.4	55
14.7 to 15.4	18	46.5 to 47.2	56
15.5 to 16.3	19	47.3 to 48.1	57
16.4 to 17.1	20	48.2 to 48.9	58
17.2 to 17.9	21	49.0 to 49.8	59
18.0 to 18.8	22	49.9 to 50.6	60
18.9 to 19.6	23	50.7 to 51.4	61
19.7 to 20.5	24	51.5 to 52.3	62
20.6 to 21.3	25	52.4 to 53.1	63
21.4 to 22.1	26	53.2 to 53.9	64
22.2 to 23.0	27	54.0 to 54.0	65
23.1 to 23.8	28		
23.9 to 24.6	29		
24.7 to 25.5	30		
25.6 to 26.3	31		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.



Course Rating 72.6

Men's White (from 21 Jun 2023)

Par 72 Slope 132

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.8	+6	27.0 to 27.8	32
+4.7 to +3.9	+5	27.9 to 28.6	33
+3.8 to +3.0	+4	28.7 to 29.5	34
+2.9 to +2.2	+3	29.6 to 30.3	35
+2.1 to +1.3	+2	30.4 to 31.2	36
+1.2 to +0.5	+1	31.3 to 32.1	37
+0.4 to 0.4	0	32.2 to 32.9	38
0.5 to 1.2	1	33.0 to 33.8	39
1.3 to 2.1	2	33.9 to 34.6	40
2.2 to 2.9	3	34.7 to 35.5	41
3.0 to 3.8	4	35.6 to 36.3	42
3.9 to 4.7	5	36.4 to 37.2	43
4.8 to 5.5	6	37.3 to 38.0	44
5.6 to 6.4	7	38.1 to 38.9	45
6.5 to 7.2	8	39.0 to 39.8	46
7.3 to 8.1	9	39.9 to 40.6	47
8.2 to 8.9	10	40.7 to 41.5	48
9.0 to 9.8	11	41.6 to 42.3	49
9.9 to 10.7	12	42.4 to 43.2	50
10.8 to 11.5	13	43.3 to 44.0	51
11.6 to 12.4	14	44.1 to 44.9	52
12.5 to 13.2	15	45.0 to 45.7	53
13.3 to 14.1	16	45.8 to 46.6	54
14.2 to 14.9	17	46.7 to 47.5	55
15.0 to 15.8	18	47.6 to 48.3	56
15.9 to 16.6	19	48.4 to 49.2	57
16.7 to 17.5	20	49.3 to 50.0	58
17.6 to 18.4	21	50.1 to 50.9	59
18.5 to 19.2	22	51.0 to 51.7	60
19.3 to 20.1	23	51.8 to 52.6	61
20.2 to 20.9	24	52.7 to 53.5	62
21.0 to 21.8	25	53.6 to 54.0	63
21.9 to 22.6	26		
22.7 to 23.5	27		
23.6 to 24.3	28		
24.4 to 25.2	29		
25.3 to 26.1	30		
26.2 to 26.9	31		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.



Course Rating 71.4

Men's Yellow (from 21 Jun 2023)

Par 72 Slope 128

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.9	+6	27.9 to 28.6	32
+4.8 to +4.0	+5	28.7 to 29.5	33
+3.9 to +3.1	+4	29.6 to 30.4	34
+3.0 to +2.3	+3	30.5 to 31.3	35
+2.2 to +1.4	+2	31.4 to 32.2	36
+1.3 to +0.5	+1	32.3 to 33.1	37
+0.4 to 0.4	0	33.2 to 33.9	38
0.5 to 1.3	1	34.0 to 34.8	39
1.4 to 2.2	2	34.9 to 35.7	40
2.3 to 3.0	3	35.8 to 36.6	41
3.1 to 3.9	4	36.7 to 37.5	42
4.0 to 4.8	5	37.6 to 38.4	43
4.9 to 5.7	6	38.5 to 39.2	44
5.8 to 6.6	7	39.3 to 40.1	45
6.7 to 7.5	8	40.2 to 41.0	46
7.6 to 8.3	9	41.1 to 41.9	47
8.4 to 9.2	10	42.0 to 42.8	48
9.3 to 10.1	11	42.9 to 43.6	49
10.2 to 11.0	12	43.7 to 44.5	50
11.1 to 11.9	13	44.6 to 45.4	51
12.0 to 12.8	14	45.5 to 46.3	52
12.9 to 13.6	15	46.4 to 47.2	53
13.7 to 14.5	16	47.3 to 48.1	54
14.6 to 15.4	17	48.2 to 48.9	55
15.5 to 16.3	18	49.0 to 49.8	56
16.4 to 17.2	19	49.9 to 50.7	57
17.3 to 18.0	20	50.8 to 51.6	58
18.1 to 18.9	21	51.7 to 52.5	59
19.0 to 19.8	22	52.6 to 53.4	60
19.9 to 20.7	23	53.5 to 54.0	61
20.8 to 21.6	24		
21.7 to 22.5	25		
22.6 to 23.3	26		
23.4 to 24.2	27		
24.3 to 25.1	28		
25.2 to 26.0	29		
26.1 to 26.9	30		
27.0 to 27.8	31		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.



Course Rating 67.5

Men's Red (from 21 Jun 2023)

Par 69 Slope 119

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.3	+5	29.0 to 29.9	31
+4.2 to +3.4	+4	30.0 to 30.8	32
+3.3 to +2.4	+3	30.9 to 31.8	33
+2.3 to +1.5	+2	31.9 to 32.7	34
+1.4 to +0.5	+1	32.8 to 33.7	35
+0.4 to 0.4	0	33.8 to 34.6	36
0.5 to 1.4	1	34.7 to 35.6	37
1.5 to 2.3	2	35.7 to 36.5	38
2.4 to 3.3	3	36.6 to 37.5	39
3.4 to 4.2	4	37.6 to 38.4	40
4.3 to 5.2	5	38.5 to 39.4	41
5.3 to 6.1	6	39.5 to 40.3	42
6.2 to 7.1	7	40.4 to 41.3	43
7.2 to 8.0	8	41.4 to 42.2	44
8.1 to 9.0	9	42.3 to 43.2	45
9.1 to 9.9	10	43.3 to 44.1	46
10.0 to 10.9	11	44.2 to 45.1	47
11.0 to 11.8	12	45.2 to 46.0	48
11.9 to 12.8	13	46.1 to 47.0	49
12.9 to 13.7	14	47.1 to 47.9	50
13.8 to 14.7	15	48.0 to 48.9	51
14.8 to 15.6	16	49.0 to 49.8	52
15.7 to 16.6	17	49.9 to 50.8	53
16.7 to 17.5	18	50.9 to 51.7	54
17.6 to 18.5	19	51.8 to 52.7	55
18.6 to 19.4	20	52.8 to 53.6	56
19.5 to 20.4	21	53.7 to 54.0	57
20.5 to 21.3	22		
21.4 to 22.3	23		
22.4 to 23.2	24		
23.3 to 24.2	25		
24.3 to 25.1	26		
25.2 to 26.1	27		
26.2 to 27.0	28		
27.1 to 28.0	29		
28.1 to 28.9	30		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Course Rating 62.4

Men's Blue (from 21 Jun 2023)

Par 68 Slope 104

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.9	+5	27.8 to 28.7	26
+4.8 to +3.9	+4	28.8 to 29.8	27
+3.8 to +2.8	+3	29.9 to 30.9	28
+2.7 to +1.7	+2	31.0 to 32.0	29
+1.6 to +0.6	+1	32.1 to 33.1	30
+0.5 to 0.5	0	33.2 to 34.2	31
0.6 to 1.6	1	34.3 to 35.3	32
1.7 to 2.7	2	35.4 to 36.3	33
2.8 to 3.8	3	36.4 to 37.4	34
3.9 to 4.8	4	37.5 to 38.5	35
4.9 to 5.9	5	38.6 to 39.6	36
6.0 to 7.0	6	39.7 to 40.7	37
7.1 to 8.1	7	40.8 to 41.8	38
8.2 to 9.2	8	41.9 to 42.9	39
9.3 to 10.3	9	43.0 to 44.0	40
10.4 to 11.4	10	44.1 to 45.0	41
11.5 to 12.4	11	45.1 to 46.1	42
12.5 to 13.5	12	46.2 to 47.2	43
13.6 to 14.6	13	47.3 to 48.3	44
14.7 to 15.7	14	48.4 to 49.4	45
15.8 to 16.8	15	49.5 to 50.5	46
16.9 to 17.9	16	50.6 to 51.6	47
18.0 to 19.0	17	51.7 to 52.6	48
19.1 to 20.1	18	52.7 to 53.7	49
20.2 to 21.1	19	53.8 to 54.0	50
21.2 to 22.2	20		
22.3 to 23.3	21		
23.4 to 24.4	22		
24.5 to 25.5	23		
25.6 to 26.6	24		
26.7 to 27.7	25		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Course Rating 73.1

Women's Red (from 21 Jun 2023)

Par 73 Slope 133

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.7	+6	26.8 to 27.6	32
+4.6 to +3.9	+5	27.7 to 28.4	33
+3.8 to +3.0	+4	28.5 to 29.3	34
+2.9 to +2.2	+3	29.4 to 30.1	35
+2.1 to +1.3	+2	30.2 to 31.0	36
+1.2 to +0.5	+1	31.1 to 31.8	37
+0.4 to 0.4	0	31.9 to 32.7	38
0.5 to 1.2	1	32.8 to 33.5	39
1.3 to 2.1	2	33.6 to 34.4	40
2.2 to 2.9	3	34.5 to 35.2	41
3.0 to 3.8	4	35.3 to 36.1	42
3.9 to 4.6	5	36.2 to 36.9	43
4.7 to 5.5	6	37.0 to 37.8	44
5.6 to 6.3	7	37.9 to 38.6	45
6.4 to 7.2	8	38.7 to 39.5	46
7.3 to 8.0	9	39.6 to 40.3	47
8.1 to 8.9	10	40.4 to 41.2	48
9.0 to 9.7	11	41.3 to 42.0	49
9.8 to 10.6	12	42.1 to 42.9	50
10.7 to 11.4	13	43.0 to 43.7	51
11.5 to 12.3	14	43.8 to 44.6	52
12.4 to 13.1	15	44.7 to 45.4	53
13.2 to 14.0	16	45.5 to 46.3	54
14.1 to 14.8	17	46.4 to 47.1	55
14.9 to 15.7	18	47.2 to 48.0	56
15.8 to 16.5	19	48.1 to 48.8	57
16.6 to 17.4	20	48.9 to 49.7	58
17.5 to 18.2	21	49.8 to 50.5	59
18.3 to 19.1	22	50.6 to 51.4	60
19.2 to 19.9	23	51.5 to 52.2	61
20.0 to 20.8	24	52.3 to 53.1	62
20.9 to 21.6	25	53.2 to 53.9	63
21.7 to 22.5	26	54.0 to 54.0	64
22.6 to 23.3	27		
23.4 to 24.2	28		
24.3 to 25.0	29		
25.1 to 25.9	30		
26.0 to 26.7	31		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.



Course Rating 66.2

Women's Blue (from 21 Jun 2023)

Par 68 Slope 116

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.4	+5	27.8 to 28.7	29
+4.3 to +3.5	+4	28.8 to 29.7	30
+3.4 to +2.5	+3	29.8 to 30.6	31
+2.4 to +1.5	+2	30.7 to 31.6	32
+1.4 to +0.5	+1	31.7 to 32.6	33
+0.4 to 0.4	0	32.7 to 33.6	34
0.5 to 1.4	1	33.7 to 34.5	35
1.5 to 2.4	2	34.6 to 35.5	36
2.5 to 3.4	3	35.6 to 36.5	37
3.5 to 4.3	4	36.6 to 37.5	38
4.4 to 5.3	5	37.6 to 38.4	39
5.4 to 6.3	6	38.5 to 39.4	40
6.4 to 7.3	7	39.5 to 40.4	41
7.4 to 8.2	8	40.5 to 41.4	42
8.3 to 9.2	9	41.5 to 42.3	43
9.3 to 10.2	10	42.4 to 43.3	44
10.3 to 11.2	11	43.4 to 44.3	45
11.3 to 12.1	12	44.4 to 45.2	46
12.2 to 13.1	13	45.3 to 46.2	47
13.2 to 14.1	14	46.3 to 47.2	48
14.2 to 15.0	15	47.3 to 48.2	49
15.1 to 16.0	16	48.3 to 49.1	50
16.1 to 17.0	17	49.2 to 50.1	51
17.1 to 18.0	18	50.2 to 51.1	52
18.1 to 18.9	19	51.2 to 52.1	53
19.0 to 19.9	20	52.2 to 53.0	54
20.0 to 20.9	21	53.1 to 54.0	55
21.0 to 21.9	22		
22.0 to 22.8	23		
22.9 to 23.8	24		
23.9 to 24.8	25		
24.9 to 25.8	26		
25.9 to 26.7	27		
26.8 to 27.7	28		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.